

Temporary TRAINING ROTA

Rota until 14th March when main pitch will reopen

Monday	6:30 - 7:30	Camogie
	7:30 - 8:30	U 14 Football
Tuesday	7:30 - 8:30	Ladies Football
Wednesday	8:00 ->	Senior Football
Thursday	7:00 - 8:00	Minor Football
	8:00 ->	Senior Hurling
Friday	6:00 - 7:00	Ladies Underage Football
	7:30 - 8:30	Ladies Junior Football
	8:30 ->	Senior Football
Saturday	11 - 12:30	Camogie U-14/U-16
Sunday	10:30 - 12:00	Minor Football
	4:00 - 5:00	u-14 Hurling

	MAIN PITCH		TRAINING PITCH	
Monday	6:30-8:30	Camogie U-14, U-16	6:30 - 7:30 7:30 - 8:30 8:30 - 9:30	Camogie U-12 Underage Football Minor Hurling
Tuesday	6:30 - 7:30	Ladies Football U8 to U14	6:30 - 7:30	Ladies Football U8,U10,U12,U14
	7:30 - 9:00	Hurlings Sen & Jun	7:30 - 8:30	Football U-14
Wednesday	6 - 7	Camogie Senior	7 - 8	Hurling U-12
	7 - 8	Football U-16	8 ->	Football Minor
	8 ->	Football Senior		
Thursday	7 - 8	Football U-14	7 - 8	Football U-12
	8 ->	Hurling Seniors	8 - 9	Hurling Seniors
Friday	6 - 7	Ladies Football Minor	6 - 7	U-12 Football
	7 - 8	Hurling U-10, U-12	7 - 8	Football U-16
	8 ->	Football Seniors	8:30 -> 9:45 9:45 ->	Camogie Seniors Ladies Junior Football
Saturday	11 - 12:30	Camogie U-14/U-16	11 - 12:30	Camogie U-14/U-16
	12:30 - 2:00	Hurling U-15/U-16		Football/Hurling Senior held
	12:30 - 2:00	Hurling U-12		
	pm 5 - 7	Matches / Challenges Hurling Senior	5 - 7	
Sunday	12 - 2	Football U-12	12-1.30	Football Beginners, U-8, U-10
	12 - 2	Football U-16		Matches
	4 - 5	Hurling U-14		
	6 - 8	Football Minor	6 - 7	Ladies U-12, U-14, U-16